

## NC Board of PT Examiners Report - APTA NC Business Meeting Virtual – October 24, 2020 By Kathy O. Arney, PT, MA, Executive Director

**Purpose of the Board:** The purpose of the NC Board of Physical Therapy Examiners (NCBPTE) is to regulate the practice of physical therapy in order to protect the health, safety, and welfare of the citizens of North Carolina. The next meeting of the Board is scheduled for Wednesday, December 9, 2020. During the NC State of Emergency, Board meetings are being held remotely with public access using YouTube- NCPT Board: <a href="https://www.youtube.com/channel/UCUVBmOFf6-RRZ8hwvf8Iyew">https://www.youtube.com/channel/UCUVBmOFf6-RRZ8hwvf8Iyew</a>

#### 1. **Appointments to the Board:**

The nominations and ballots for 2021 appointments to the Board of two (2) physical therapists and one (1) physical therapist assistant were completed by the APTA – NC. APTA – NC reported the results of the balloting to NCBPTE and mailed them to Governor Roy Cooper for appointment of terms beginning January 1, 2021.

The Board would like to thank Ms. Teresa F. Hale, PT for her service to the Board from 2018-2020, including her service as a member of the Investigative Committee in 2019 and 2020 and 2020 Board Chair. She is eligible for reappointment.

The Board would like to thank Mr. C. David Edwards, PT, for his service to the Board from 2018-2020, including his participation as a member of the Finance and Audit and Rules Committees 2018-2020. He also Chaired the Executive Director Review Task Force in 2020. He is eligible for reappointment.

The Board would again like to thank Mr. Stuart W. MacRoberts, Public Member, for his service to the Board from 2015-2020, through May of 2020. His insights regarding physical therapy as a member of the public have contributed to the Board fulfilling its public protection mission during his multiple terms.

The Board welcomes Ms. Rosa M. Gonzalez, BSN, RN as its Public Member, May 4, 2020 appointed by Governor Cooper.

Current Board members will continue to serve until appointments are made by the Governor.

| <b>Board Member</b>       | Position            | Term Expires |
|---------------------------|---------------------|--------------|
| Teresa F. Hale, PT*       | Chair               | 2020         |
| Crystal D. Ostlind, PTA   | Secretary/Treasurer | 2021         |
| C. David Edwards, PT*     | Member              | 2020         |
| Pearl L. Rhone, PTA*      | Member              | 2020         |
| Leslie P. Kesler, PT      | Member              | 2021         |
| Paul Garcia, MD           | Medical Doctor      | 2022         |
| Jamie Miner, PT           | Member              | 2022         |
| Rosa M. Gonzalez, BSN, RN | Public Member       | 2022         |

<sup>\*</sup>Eligible for reappointment

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2. Online Renewal: Licensees are required to renew licenses <u>online</u>. Postcards will be mailed prior to November 1, 2020 specifying that the renewal period will be open online from November 1, 2020 until February 1, 2021 at 5:00 p.m. (January 31, 2021 falls on a Sunday). Payments will require a credit card or may be made via e-check and received by February 1, for the license to be renewed. There will be no paper renewal applications or payments as the Board office remains closed to the public during the State of Emergency with most staff working remotely. (The Board strongly recommends that licensees renew online by January 15, 2021 to ensure timely processing. The renewal fee is \$120.00 plus processing costs.) Questions will be answered by sending an email to: renewals@ncptboard.org. (Due to remote Board work, leaving multiple messages may delay response time.)

#### 3. Continuing Competence – Fall 2020 Update

**Continuing Competence Audits:** Audits for the <u>January 1, 2018- January 31, 2020</u> reporting period are ongoing, including PT and PTA licensees selected at random. Licensee response to audit requests are required within 30 days.

**COVID-19 NC State of Emergency and Continuing Competence Requirements:** The Board continues to receive numerous questions about how to obtain continuing competence credit during the COVID-19 pandemic. To address concerns regarding live, in person activities:

<u>In person activities are not required</u>. Continued Competence points may be obtained electronically as described below: 21 NCAC 48G .0109 CONTINUING COMPETENCE ACTIVITIES

- (a) Continuing Education activities are eligible for points as follows:
- ...The maximum number of points allowed during any reporting period for an interactive course offered through electronic media shall be 15.
- (4) For registered participation in a non-interactive course offered by an approved provider by videotape, satellite transmission, webcast, DVD, or other electronic media, one hour of participation earns one point. The maximum number of points allowed during any reporting period shall be 10.
- (8) For completion of a home study physical therapy program furnished by an approved provider, one hour of home study earns one point. The maximum number of points during any one reporting period allowed shall be 10. (These may be online/electronic/live electronic).

#### 4. Board Rules:

a. **Temporary Rule Making:** In an effort to provide regulatory flexibility during the COVID-19 pandemic and facilitate exam eligibility, Temporary Rules, posted on the Board website went into effect on September 25, 2020. These temporary rule changes enable NCBPTE to participate in FSBPT's "Alternate Approval Pathway" (AAP) for the National Physical Therapy Exam (NPTE). The rules allow the Federation to make CAPTE accredited educational program PT/PTA students eligible to take the exam after the educational program

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(cont.) assures graduation. AAP also enables the Federation to handle special accommodation requests for all applicants taking the NPTE. This new process continues to assure consistency and fairness for all applicants. The NCBPTE remains responsible for granting NC PT/PTA licensure. The Board will pursue permanent rule status for these changes to Board rules.

**b. Permanent Rulemaking**: The North Carolina Board of Physical Therapy Examiners adopted a new rule cited as 21 NCAC 48E .0510 and amended the rules cited as 21 NCAC 48B .0102, .0103; 48D .0102; 48E .0101, .0110-.0112; 48G .0109, .0202, and .0504, effective May 1, 2020 which are posted on the Board website.

The Board Rules Committee will continue to review and update rules in response to public feedback, Board process modernization and other relevant topics. Feedback to the Board regarding all rules is welcome at any time. Submit feedback on Board rules to: <a href="mailto:dragan@ncptboard.org">dragan@ncptboard.org</a>

#### Link to the Board rules:

 $\frac{https://www.ncptboard.org/documents/boardrules/chapter\%2048\%20rules\%20as\%20}{of\%20Mav\%2020\%2020.pdf}$ 

- 5. **Board Newsletter 2020:** The annual Newsletter will be posted on the Board's website in early November, 2020. The Newsletter will address the following topics:
  - Observations from the Chair,
  - New Board members
  - Board Attorney transition
  - Board COVID response
  - Richard MacDougall Long-term Service Award winner Kathy Arney, Executive Director
  - Alternate Approval Pathway for exam eligibility
  - Scope of Practice questions and answers,
  - Updates to Board Position Statements
  - A report from Debbie Ragan, Deputy Director.
  - Reminders about annual license renewals and
  - FBI Criminal Background Checks information

#### 6. Board Meeting Minutes and Recent Scope of Practice Questions:

Approved Minutes of Quarterly and Special Board meetings are posted on the Board website under "About Us", Recent Board Meeting Minutes. For additional information on Board responses to Recent Scope of Practice questions go to:

https://www.ncptboard.org/AboutUs/AboutUsHome.shtml

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### 7. Licensing Updates

#### a. Physical Therapy Licensure Compact

The PT Compact Commission began issuing "privileges to practice" in North Carolina on July 1, 2019. The PT Compact, which facilitates the interstate practice of physical therapy and enables patients' access to physical therapy services has been useful during the COVID-19 pandemic in facilitating services as both licensees and patients move or are required to stay-in place. The PT Compact Commission has (28) twenty-eight member states, of which 20 are issuing privileges to practice. As of October 5, 2020, one hundred twenty-five (125) Compact Privileges have been issued for NC since July 1, 2019. Verification of Compact privilege holders can be made on the Board website under Online services: "Verify a PT or PTA." For more information about eligibility for or obtaining a privilege in member states or the PT Compact Commission in general, go to: ptcompact.org.

In compliance with the Compact law, NCBPTE must require FBI Criminal Background checks for all initial licensure applicants, maintain FSBPT ID's for all licensees, share current licensure data with the commission weekly.

North Carolina continues to be represented on the PT Compact Commission by Kathy O. Arney. PT as delegate and Commission Chair.

#### b. Temporary Exemptions from Licensure

In addition to the Physical Therapy Compact facilitating licensee mobility and providing patient access to PT services, the NC PT Practice Act, NCGS 90-270.101, allows a license exemption for physical therapists licensed in another jurisdiction of the United States to enter this State to provide physical therapy during a declared emergency. During the NC State of Emergency, Board staff created an online application portal for "Exemptions from Licensure during the State of Emergency." From April 16, 2020 through the date of this report, 190 temporary privileges to practice without NC licensure have been issued, within 24-48 hours of application. Each applicant has licensure in another jurisdiction verified and contact information available to the Board. The public may verify this status directly on the home page of the Board website in real-time.

8. **Licensee Changes of Address and contact information:** As required by rule, within **30 days** please keep the Board apprised of any change in current home and work addresses, phone numbers, fax numbers, and email addresses. A current email address on file with the Board office decreases the chance you will miss timely

communications form the Board. License renewal reminder postcards will be mailed the first of November to the preferred address on file.

9. **Board Office Location and Address:** NCBPTE, 8300 Health Park, Suite 233, Raleigh, NC, 27615. Website: <a href="https://www.ncptboard.org">https://www.ncptboard.org</a>; Phone: (919) 490-6393 or (800) 800-8982; Fax (919) 490-5106; Email contact for questions: angela.licensing@ncptboard.org

The Board office is currently closed to the public due to the NC State of Emergency. The majority of staff are working remotely. Phones are forwarded to a general mail box. To communicate with the Board office email is preferred.

#### 10. Update regarding Investigations and Disciplinary Actions:

#### **SUMMARY OF COMPLAINTS FILED IN 2020 – YTD (October 5, 2020)**

### **YEAR-TO-DATE STATISTICS**

| Total Cases Reported and Investigated: Total advertising complaints: Total "other" complaints: |    |
|--|----|
| Total advertising complaints:  | 03 |
| Total "other" complaints:  | 22 |
| Total failure to renew   | 05 |
| Total cont. comp complaints  | 01 |

#### SUMMARY OF COMPLAINTS THAT WERE RESOLVED THROUGH October 5, 2018

| Total Cases Dismissed:       | 05 |
|------------------------------|----|
| Total Suspensions Issued:    | 00 |
| Total Probations Issued:     | 00 |
| Total Warnings Issued:       | 00 |
| Total Surrender of Licenses: | 00 |
| Total Revoked                | 00 |
| Total Renewals Denied        | 00 |

Total Advisory Letters written: 06 (including 5 letters for failure to

renew by deadline)

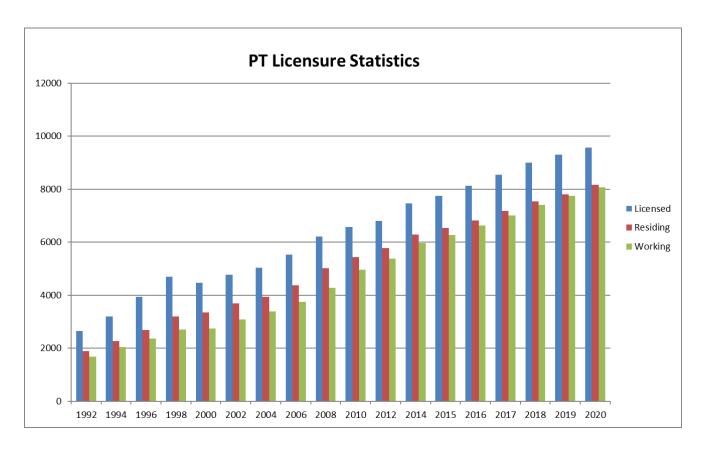
Total Letters sent regarding advertising: 04
Completed audit, no action required 00
Other: including invalid complaints-no name 05
Cases still pending: 12

### 11. Questions? Email karney@ncptboard.org

# Physical Therapist Statistics - Fall 2020 October 5, 2020

| DATE (Oct) | LICENSED IN NC | RESIDE IN NC | WORK IN NC |
|------------|----------------|--------------|------------|
| 1992       | 2654           | 1890         | 1682       |
| 1994       | 3207           | 2269         | 2046       |
| 1996       | 3933           | 2693         | 2365       |
| 1998       | 4688           | 3193         | 2702       |
| 2000       | 4477           | 3343         | 2738       |
| 2002       | 4767           | 3699         | 3083       |
| 2004       | 5044           | 3935         | 3384       |
| 2006       | 5524           | 4365         | 3757       |
| 2008       | 6215           | 5014         | 4278       |
| 2010       | 6574           | 5426         | 4953       |
| 2012       | 6807           | 5782         | 5371       |
| 2014       | 7461           | 6285         | 5974       |
| 2015       | 7755           | 6542         | 6266       |
| 2016       | 8134           | 6826         | 6623       |
| 2017       | 8551           | 7187         | 7003       |
| 2018       | 8998           | 7541         | 7412       |
| 2019       | 9299           | 7813         | 7745       |
| 2020       | 9574           | 8158         | 8075       |

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## Physical Therapist Assistant Statistics - Fall 2020 October 5, 2020

| DATE (Oct) | LICENSED IN NC | RESIDE IN NC | WORK IN NC |
|------------|----------------|--------------|------------|
| 1992       | 942            | 786          | 713        |
| 1994       | 1251           | 1055         | 975        |
| 1996       | 1633           | 1342         | 1163       |
| 1998       | 1968           | 1627         | 1500       |
| 2000       | 2047           | 1770         | 1358       |
| 2002       | 2141           | 1880         | 1529       |
| 2004       | 2285           | 2016         | 1665       |
| 2006       | 2479           | 2184         | 1836       |
| 2008       | 2718           | 2399         | 2000       |
| 2010       | 2836           | 2521         | 2237       |
| 2012       | 3033           | 2695         | 2419       |
| 2014       | 3327           | 2959         | 2750       |
| 2015       | 3511           | 3106         | 2898       |
| 2016       | 3674           | 3269         | 3103       |
| 2017       | 3856           | 3412         | 3271       |
| 2018       | 3985           | 3553         | 3436       |
| 2019       | 4110           | 3661         | 3591       |
| 2020       | 4210           | 3746         | 3749       |

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